

Welcome to GERIATRIC CENTER AT ETERNAMD.
We are pleased you have chosen us as part of your health care team.

What is Geriatric Medicine?

It is the medicine of the aging population. We are health professionals who provide comprehensive health care to older persons. We emphasize prevention, health maintenance and improvement of quality of life with the geriatric person in mind. We provide careful listening, encouragement, advocacy, patient education and goal setting.

What can you expect at your visit?

✓ During your first office visit a physician will review your medical history, and do a physical exam. In addition, we will do a thorough geriatric assessment including: functional status, gait and mobility, incontinence screening, vision screening, hearing screening, disease prevention, social supports, cognitive status, depression screening, and polypharmacy evaluation. At your follow up visit we will go over any lab work and diagnostic studies from the first visit and summarize the information we have gathered into a comprehensive Geriatrics Assessment. We will make recommendations for you, your caregiver and your Primary Care Physician. A copy of your Geriatrics Assessment will be sent to your Primary Care Physician.

Enclosed you will find several forms that you need to complete prior to your appointment time. If you have any questions, please call us at the number listed above between 8 a.m. and 5 p.m. Tuesday through Saturday and ask to speak to our nurse.’

What do you need to bring with you to your appointment?

- ✓ Your caregiver or a family member.
- ✓ ALL of your medications (the medication bottles or a complete written list including the name, dosage and frequency of each medication). Include all prescription medications, over the counter medications, vitamins and herbal medications.
- ✓ You and your caregiver or family member must complete all of the forms enclosed.
- ✓ The name, address, phone and fax numbers of your Primary Care Physician.
- ✓ Records from your other physicians. Most important are: recent lab work results, diagnostic studies (radiology and cardiology studies for example) and a list of your medical diagnosis. For your convenience a Release of Records Form is included. This form can be copied. Your other physicians can fax us this information prior to your appointment time. Be sure to request the records far enough in advance or pick them up and bring them with you to your appointment.